Be my Neighbor Day!
Activity Book

CREATED BY TWIN CITIES PBS
THANK YOU TO VIEWERS & MEMBERS LIKE YOU!
Hello friends and neighbors.

Each spring we welcome thousands of children to our Lowertown studios in Saint Paul to celebrate Be My Neighbor Day. This event invites children and families to learn about what it means to be a caring neighbor and support one’s community through volunteer activities.

I had the great privilege to meet Fred once, and then work with his wife Joanne and David Newell, who played Mr. McFeely, on some wonderful Good Neighbor initiatives earlier in my career.

Fred Rogers remains an inspirational figure and positive role model to our children – the impact of his work to teach and demonstrate kindness to generations of public television viewers continues.

Though we are unable to host an in-person event due to COVID-19, this year we are introducing more ways to engage and celebrate, including a virtual event, on-air programming on TPT LIFE, online resources at tpt.org/learn, and this Be My Neighbor Day Activity Book.

Trusted multi-media educational content is needed now more than ever. At Twin Cities PBS (TPT), we believe every child matters and is entitled to free, safe, and trusted educational resources. TPT is here to provide you with the support you need as you face the growing challenge of keeping your kids active, healthy, connected, and on track for success.

We are proud to continue to provide quality programming for all Minnesotans and look forward to the day we are able to gather in person again.

Best Regards,
Sylvia Strobel,
President and CEO,
Twin Cities PBS
Thank you for Celebrating with Us!

The world is full of possibilities and so is every child. At Twin Cities PBS we recognize that education starts at home, that is why we’ve developed free educational resources for kids like the Be My Neighbor Day Activity Book.

Inspired by the lessons of Mister Rogers and Daniel Tiger, we’ve worked with several of our neighbors and partners from across the state to bundle up some of our favorite activities into one, easy-to-carry-anywhere book.

Here are a few quick tips to help you keep your kids excited about learning from home:

- **Ask lots of questions.** Encourage your kids to participate in conversations by asking them questions like: Why do you think that happened? What will happen next?

- **Encourage kids to search for answers.** When your children ask you “why?” see if you can work together to figure out what they need to know or do to find the answer.

- **Try something new.** Minnesota offers endless possibilities all year long to try new things like exploring a new park, seeing local art, reading a new kind of book, or tasting a new food.

- **Play and have fun.** Play is important to healthy brain development and emotional well-being. Take a break from the lesson plans to play, and make sure to have fun while you’re learning.

Looking for more activities, tips, and video resources? Tune in to TPT 2 and TPT PBS KIDS, visit tpt.org/learn.

We’d like to thank the following sponsors who have this made Be My Neighbor Day possible.
Draw a Picture of Your Family
IT’S COOL TO BE KIND
Friendship Cards

Thanks to our Sponsor Kinderberry Hill

Have a grown-up help you cut out the friendship cards. Decorate and give them to friends and loved ones!

Hello Neighbor

Thanks for all you do

Friends Forever

Sending you a smile
Daniel Tiger Mask

Have an adult help you cut on the dotted lines.
Tape to a popsicle stick or use string to tie the mask at each side.
Your Favorite Foods

Circle some of your favorite foods.

**BREAKFAST**
- Orange
- Grapes
- Croissant
- Yogurt
- Milk

**LUNCH**
- Carrots
- Cheese
- Hot dog
- Watermelon
- Pizza
- Grilled cheese

**DINNER**
- Spaghetti
- Soup
- Taco
- Burger
- Chicken
- Corn
- Salad
Trace the Numbers

Thanks to our Sponsor MN Saves

0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
3 3 3 3 3 3 3 3 3 3 3 3 3 3 3
4 4 4 4 4 4 4 4 4 4 4 4 4 4 4
5 5 5 5 5 5 5 5 5 5 5 5 5 5 5
6 6 6 6 6 6 6 6 6 6 6 6 6 6 6
7 7 7 7 7 7 7 7 7 7 7 7 7 7 7
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As Seen on TV

Draw what you see on TPT!
Draw a picture and share with us! #NeighborDayTPT
All About Kindness!

Thanks to our sponsor MELSA!

How do you show kindness to others?

1. 

2. 

3. 

4. 

5. 

6. 

Kindness Reading List

If You Plant a Seed by Kadir Nelson
I walk with Vanessa by Kerascoët
I am Peace: a Book of Mindfulness by Susan Verde
The Power of One: Every Act of Kindness Counts by Trudy Ludwig
Tomorrow I’ll be Kind by Jessica Hische
Finding Kindness by Deborah Underwood
Kindness Makes us Strong by Sophie Beer
My Friend by Taye Diggs
I am a Kindness Hero by Jennifer Adams
A Little Spot of Kindness by Diane Alber

Find these titles at your Twin Cities Metro Public Libraries!

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Outdoor Scavenger Hunt

Take a walk in your neighborhood and see if you can find these items.

- Bicycle
- Birds Singing
- Kids Playing
- Mailbox
- Someone Gardening
- A Dog
- A Brown House
- A School
- A White Fence
- A Little Free Library
- Bricks
- A Squirrel
- A Red Car
- A Puddle
- A Flying Bug
- A Ball
Get Ready For School Song!

Daniel Tiger sings a special song to help him get ready for school.

“Clothes On,

Eat Breakfast,

Brush Teeth,

Put on Shoes,

and Off to School!”
Clap and Count Game

• Pick a number between zero and ten.
• Model writing that number or ask your child to write the number.
• Clap and count with your child to that number.
• Ask your child - “How many times did we clap?”
  It’s okay if they don’t say the correct number right away, they are still learning!
  Just repeat clapping and counting and say, “We clapped ___ times!”
• As your child learns, practice counting and clapping all the way to 10!
• Try other ways to count: stomp feet, touch toes, wiggle noses, etc.
• Have fun counting together!

Counting Cups

• Find 5 cups, containers, or pieces of paper and label them 1 to 5.
  Collect items around home in quantities to match the numbers on the cups (1 block, 2 buttons, 3 crayons, etc.). Mix the items all together.
• Ask your child to sort the items. Then, count the groups of items and put them in the cup with the matching number.

Fingers, Fingers, One, Two, Three

Research shows that counting on fingers can deepen children’s understanding of early math, such as counting order, quantity, number names, and more.

• Put your fingers behind your back. Say, “Fingers, fingers, one, two, three. How many fingers do you see?”
• Show your hand, holding up any number of fingers.
• Child says the number and shows the number on their hand.
  It’s okay if they don’t say the correct number right away, they are still learning!
  Count your fingers and then let them count.
• Continue to play, changing the number of fingers you hold up.
  Use both hands for numbers 6-10, when you think your child is ready.
• Take turns, sometimes letting your child hide their hand and you say how many fingers they hold up.
  Have fun with finger counting!
Time to Make Music!

Thanks to our Sponsor MacPhail!
Learn more about MacPhail Center for Music at MacPhail.org

What You Will Need:
Empty Kleenex Box
4 Rubber Bands
Crayon or Glue Stick
Stickers or Markers

1. Gather your materials.

2. Decorate your box!

3. Stretch 4 rubber bands around the box and over the cutout.

4. Put a crayon under the rubber bands on one side.

Time to make music!
It’s a Beautiful Day
in the Neighborhood Sing Along!

It’s a beautiful day in the neighborhood
A beautiful day for a neighbor
Would you be mine?
Could you be mine?
Won’t you be my neighbor?
# Kindness Bingo

How many kind things can you do?

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<table>
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<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>read to someone</td>
<td>tell someone they had a good idea</td>
<td>wave to a neighbor</td>
<td>share your toys</td>
<td>help someone with a chore</td>
</tr>
<tr>
<td>take turns</td>
<td>take out the trash</td>
<td>set the table</td>
<td>take care of a pet or plant</td>
<td>call a friend of family member</td>
</tr>
<tr>
<td>mail someone a letter or postcard</td>
<td>apologize to someone</td>
<td>FREE SPACE</td>
<td>give a hug or a high-5</td>
<td>hold the door for someone</td>
</tr>
<tr>
<td>help clean up after a meal</td>
<td>make a card for someone</td>
<td>pick up litter</td>
<td>say ‘please’ and ‘thank you’</td>
<td>make a gift for your teacher</td>
</tr>
<tr>
<td>help make food</td>
<td>give someone a hug</td>
<td>help your teacher</td>
<td>draw someone a picture</td>
<td>eat lunch with a new friend</td>
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</tbody>
</table>

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Hello Neighbor!

Saying “hello neighbor” around the world

Spanish: Hola vecino

Dutch: hoi buurman

Indonesian: halo tetangga

Italian: benvenuto, amico

German: willkommen, freund

Irish: Dia duit a chomharsa

Catalan: Hola veí

Hmong: Nyob zoo, kwv tij zej zos

French: bonjour voisin

Polish: witaj sąsiedzie

Farsi: salaam rafigh!
BRING THE CLASSROOM HOME

TPT Learn is an initiative dedicated to creating standards-based and media-rich learning resources for educators to share with Minnesota children. By “educator,” we mean awesome classroom teachers AND the cool people who help kids learn when they’re NOT at school, like leaders at afterschool clubs and activities, summer camps, daycares, museums and more. And of course, we never forget about children’s most important educators: their parents, family members and special friends who guide everyday learning.

TPT Learn provides all of these caring adults with the fun media—and aligned activities, games and projects—to keep learning alive long after “screen time” is over.

Thanks for being our neighbor!

Find shows that are entertaining AND educational for every age. Watch shows like Nature Cat to America From Scratch anytime online or on the 24/7 Kids Channel.

Sign Up for the TPT Family Newsletter! Be the first to know about upcoming family events and programs. Get inspired today at tpt.org/family

The Home Learning Activity Calendar features a new educational activity every day. Get inspired today at tpt.org/homelearning

TPT.ORG/LEARN watch • play • teach • learn