MENTORSHIP MATTERS

Mentorship fosters connection and opens doors to new opportunities. Quality mentorship has been proven to have a positive impact at any age upon both the mentee and mentor.

By the Numbers

- **25%** of US adults are currently engaged in mentoring relationships
- **18-29** year olds are more than 2x as likely to have had a mentor as adults over 50
- **83%** of Americans support government investing in youth mentoring

At-risk youth who had a mentor were

- **55%** more likely to enroll in college
- **78%** more likely to volunteer regularly
- **90%** are interested in being a mentor
- **130%** more likely to hold leadership positions

Different programs require different amounts of time. Most community-based programs require 6-8 hours per month.

Types of Mentorship

- 1:1 mentoring
- Peer to Peer mentoring
- Team mentoring
- Group mentoring
- E-mentoring