

ACTIVITY GUIDE

Erick Harcey - Chef

Objectives: Erick Harcey grew up eating Swedish food, so when he became a professional chef and opened Upton 43, he wanted the food to represent the Swedish cuisine he knew and loved. By doing so, he is “staying true to who [he] is through food.” In this arts-enhanced journaling activity, think of a food that is “true to you” - where you are from, your culture, heritage, and background.

Standards (Suggested K +):

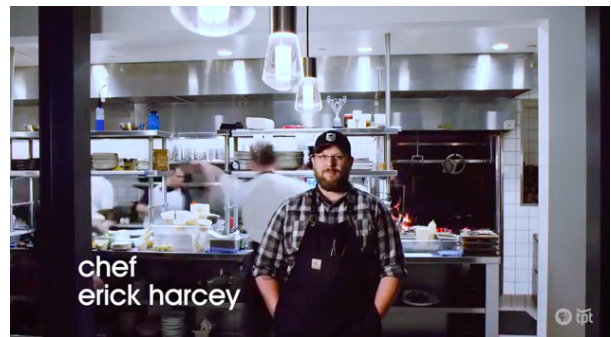
ELA:

0.6.1.1 - Use a combination of drawing, dictating, and writing to compose informative/explanatory text in which they name what they are writing about and apply some information about the topic

Tools/Resources:

MN Original video clip, paper, pencil, crayons

Video Clip: <http://www.tpt.org/mn-original/profile/erick-harcey/video/harcey-vjxoar/>



Activity

- 1) Watch the segment and discuss:
 - a. Why do you think what Erick Harcey ate as a child important to him as a chef?
 - b. “Staying true to who you are through food,” - what do you think he meant by this?
- 2) Think of a food that is “true to you” - it can be a favorite food, or something that is important to your culture or background
- 3) On a piece of paper, write down:
 - a. the name of the food
 - b. why you like it “I like _____. It is _____.”
- 4) On the same piece of paper, draw a picture of your favorite food
- 5) Show your work to a family member or friend!