

Hmong Breakers Leadership Council - Break Dancing

Objectives: The Hmong Breakers Leadership Council focuses on self-expression through dance – in particular, break dancing. What makes their break dance moves unique is how they add Hmong culture and heritage into their dance moves. In this activity, you will learn more about breakdancing dance form and learn a few classic breakdancing moves.

Standards (Suggested 4+):

ELA:

4.8.1.1. – Engage effectively in a range of collaborative discussions with diverse partners on grade 5 topics and texts, building on others’ ideas and expressing their own clearly

4.8.2.2. – Summarize a written text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally

Dance:

4.1.1.1.1 – Describe the elements of dance including body, actions, space, time and energy

4.1.1.1.3 – Identify Western and non-Western styles or genres of dance such as African, ballet, Capoeira, classical, Indian, folk, improvisation, modern, social tap/percussive, and West African

4.1.2.1.1 – Demonstrate movement using control, coordination and balance in movement replication and improvisation in more than one dance tradition.

4.1.3.1.2 – Describe how dance communicates meaning

Tools/Resources:

Video Clips

[History of Breakdance](#)

Dance Moves

[Funky Walk](#)

[Tutting](#)

[Kick Step](#)



Video Clip: <http://www.tpt.org/mn-original/profile/hmong-breakers-leadership-council/video/minnesota-original-hblc/>

Activity

- 1) Watch the segment and discuss:
 - a. Why did the Hmong Leadership Council start?
 - b. How have they incorporated their own culture and traditions to make their own version of breakdancing?
 - c. Why did they make their own personalized form of breakdancing?
- 2) History of hip hop and breakdancing.
 - a. Play part of the Youtube movie about hip hop/breakdancing
 - b. Play a couple different classic hip hop songs....discuss:
 - i. How is this music different from music today?
 - ii. Have you heard songs like these before?
- 3) Practice breakdancing.
 - a. Learn the Funky Walk, Tutting, and Kick Step moves (links above).
- 4) Create your own breakdancing routine with your own creative flair!