

ACTIVITY GUIDE

The Ericksons - Musicians

Objectives: Sisters, the Ericksons, started to play music together after experiencing a loss in the family. Learn about their musical collaboration and how inspiration can be drawn from difficult experiences and times of change.

Tools/Resources: Paper, pens, and [The Ericksons' music library](#).



Video Clip: <http://www.tpt.org/mn-original/episode/the-ericksons/>

Activity

- 1) Watch the segment and discuss:
 - a. What are other examples of artists and musicians who have drawn inspiration from grief or hardship?
 - b. How does music play a role in how we grieve?
 - c. How do we use art to navigate difficult topics?
- 2) Break off into groups of two.
 - a. Write one poem together on the theme of Home, whatever that means to you.
 - b. Play The Ericksons' song [Bring Me Home](#) while the groups work.
- 3) Reconvene as a group.
 - a. Have each pair share their poem.
 - b. How did they work together?
 - c. What was their process like?
 - d. What were the challenges and benefits of writing with a partner?