Bedtime Is the Best Time: Supporting Resources

Description
With our busy schedules, bedtime is the perfect time to connect over books and stories.

Book Suggestions
If You Give a Mouse a Cookie by Laura Numeroff
I Spy a Funny Frog by Jean Marzollo
Llama, Llama, Red Pajama by Anna Dewdney
Ten, Nine, Eight by Molly Bang
The Kissing Hand by Audrey Penn

More Ideas to Try (articles and resources)

Discussion Questions
Why is bedtime one of the best times to read to children?

Telling stories at bedtime can be fun, too. Do you have memories of someone telling you stories when you were little? What stories do your children like to hear? What stories have they told you?

What are your child’s favorite bedtime books?

Having a predictable bedtime routine helps children relax and get ready for sleep. Besides reading, what other activities are a part of your child’s bedtime routine?

Visit tpt.org/learn for more tips and resources.