

ACTIVITY GUIDE

Regina Marie Williams – Actress

Writing/Essay/Journal

Although Regina Marie Williams is already a successful actor and singer, she still works regularly with a teacher who gives her tools to stretch her vocal range. Think about something you do well. Write about a teacher who was able to give you specific exercises to help you improve your skills. What made that teacher helpful?



Activity

Now pay those lessons forward. Find someone you can coach and share your knowledge with them in an effort to make them the best they can be. Really listen to what they need and think of exercises, even if they seem strange, that will help them stretch.