

ACTIVITY GUIDE

Philosophical Chamber Rock Band – Cloud Cult

Writing/Essay/Journal

Craig Minowa gets across his message, “the show starts now,” in many different ways. The band is on a spiritual journey to find truth that requires them to be **present in the moment**, both in their everyday lives and during performances. Write a vignette to show a moment in your life that you fully embraced and in which you were completely present.



Activity

Craig's wife, Connie, is a “live painter” with the band. Paint two pictures. First, paint one that reflects the moment you wrote about. Second, paint a picture as you listen to one of Cloud Cult's songs. Use the rhythm and the words as a guide for your brush strokes. Does Cloud Cult's message affect your work? How does the process vary between the two paintings?

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