minnesota original

MINNESOTA Humanities Center

ACTIVITY GUIDE

Soul Asylum – Dave Pirner - Musician:

Writing/Essay/Journal
Soul Asylum has made many successful albums by clarifying common feelings with poetic lyrics and music. "Gravity" is a perfect metaphor for that feeling of being weighed down by problems. Every answer brings more questions and is shot down. Everyone else seems to handle situations better. Write about a time when you felt like you "were coming out of your shoes" with the heaviness of a problem you had.

Activity
Pick a metaphor for the feeling you wrote about. Turn it into a song lyric with a repeated chorus. "Gravity" repeats this:

No I can't stand the gravity, I can't stand it
The way you handled it, I've got to hand it to you
No I Can't stand the gravity, can't stand it

Just like you planned it, I'm coming out of my shoes.

Try to reflect a resolution to the problem by ending on a hopeful note.

A tpt Original Production

CLEAN WATER LAND & LEGACY AMENDMENT