ASI Spelmanslag – Traditional Swedish Fiddlers:

Writing/Essay/Journal
The American Swedish Institute’s (ASI) Spelmanslag represents a living tradition that started hundreds of years ago in Sweden. The melodies were made by women as they sang to their cattle in the summer pastures; by miners and loggers as they marched to and from their work; and by countless common people who enjoyed singing and dancing with family and friends. The music and rhythms lifted their spirits as they experienced joys and sorrows together.

Do a short research project on the traditional music of your own or another culture.