

**ACTIVITY GUIDE**

## MIA Foot in the Door Trio – Found Art Sculptor / Metal Sculptor / Graphic Designer:

### Writing/Essay/Journal

Kathy Littfin makes her living as a graphic designer and paints for recreation. She says it helps to release the tensions that are put on her by the “rules” of graphic design. Are there areas of your life that you feel are governed by rules? What do you do to release your creative tensions? How does each artist bring their personal story into their art? What do you think would be most challenging about this form of art?



### Activity

Create your own Foot in the Door piece. It can be anything you want it to be as long as it fits in a box no larger than 12”x 12”x 12”.