

ACTIVITY GUIDE

James Sewell Ballet:

Writing/Essay/Journal

Choose a particular dance performance, and describe the elements of dance including body, action, space, time and energy. Analyze a dance performance and explain how it was used to express feelings, ideas, and/or images. Write about a personal response you had to the dance performance. Dance develops collaborative dance skills and the ability to work with others to solve movement problems. Identify a dance performance that demonstrates this and write about the challenges of the dance structures and movement in the work. Compare and contrast the connections among the dance performances in terms of their cultural contexts.



