

ACTIVITY GUIDE

Circus Juventas – Performance Artists:

Writing/Essay/Journal

17-year-old circus performer Gracie says that she used to have anxiety, but that since performing with Circus Juventas, she has gotten over her fears. Now she likes “making people’s jaws drop.” What are you afraid of? How could you get over your fear? Do you want to get over your fear or is it something that helps keep you safe? Also, how much training do you think is needed for this type of art? How can you get that type of training?



Activity

Circus Juventas focuses on the artistry of their performances as much as they do teaching the “tricks” or “acts” that the students perform. Using a trick or skill (cartwheels? rolling your tongue?) that you can perform, create a storyline in which your trick helps tell the story.

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